

ROSINA ANDREWS

Elite Dance Coach

International Choreographer

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19a Mountgrove Road, London, N5 2LU

Rosina is an experienced Choreographer and Dance Coach who has worked intensively around the world. Rosina's work incorporates both intense training and freedom of movement, creating a distinctive style within the current dance industry. Her individuality, work ethic and creative styles are principally based upon her time living and working in NYC. Rosina's choreography has won awards and been noted for its originality, innovative ideas and personal touch. As a dance coach Rosina has worked closely with some of the world's best young dancers and her students are title holders and champions.

Rosina's first literature publication 'Pirouette Surgery®' – the Science of Turning' has recently been released and Rosina holds teacher development sessions working on Rosina Andrews Method of dance teaching.

Together with her husband, Samuel Downing (who is a certified personal trainer), their methods are changing the world of dance teaching.

Teaching Expertise

Contemporary Jazz, Ballet, Turning Technique, Floor Work, Acrobatics, American Tap, Theatrical Tap, Aerial Arts. Dancer Conditioning and Safe Stretch.

Professional Training

Performers College Diploma In Professional Dance
Broadway Dance Centre, NYC, Professional Semester.

Awards

Inspiring Teacher Award 2015 Dance London
Choreography Award- Destination Dance 2015
Choreography Award- Destination Dance 2014

Choreographic Experience

Television, Theatre, Site Specific, Flashmob, Commercial, Promotion, Corporate, Competitions, Young People and Children.

Qualifications

ISTD DDE Modern Theatre and Ballet
BA Hons Professional Practice (Child development into Professional Dance)
Enhanced DBS Check
Acrobatic Arts Qualified Instructor
Rosina can speak Italian.
First Aid

Teaching

Regular Lecturing

2013- Present	Danceworks , London- New York Contemporary Intermediate Open Class.
2013-Present	DNA Studios - Contemporary and Ballet Teaching Faculty
2011-Present	MTPAS - Artistic Director and Teacher
2012-Present	Kilburn School – Wellingborough, Contemporary Teacher
2012-Present	Move It Dance Convention Scheduled Workshop Teacher

Rosina tours the UK offering freelance dance workshops each weekend.

Freelance Teaching - International

2016	The Studio PV, LOS ANGELES
2016	Danskompani, ICELAND
2015	Tanssikouludca, FINLAND
2015	Academy of Dance, ITALY
2015	In punta di Piedi, ITALY
2015	DanceArt, AUSTRIA
2014	Coastal Dance, Gold Coast AUSTRALIA
2014	Sunshine Coast Performing Arts Centre, Sunshine Coast AUSTRALIA
2014	Brisbane Academy of Dance, Brisbane, AUSTRALIA
2014	Intrinsic Dance, Gold Coast, AUSTRALIA
2014	ISTD Southern Italian Summer School, ITALY
2012-2014	Performing Arts Centre, Week workshop, GUERNSEY
2013	ISTD Southern Italian Summer School, ITALY
2013	Japanese International Summer School, Lisa Maria British Ballet Arts, JAPAN

Choreography:

2016	Transition	Royal Gunpowder Mills
2016	We Raise you up	Stantonbury Theatre,
2014-2015	Dance Mums UK (TV Show)	ITV/ LifetimeUK
2014	Rescue Me!	Hippodrome Casino, Leicester Sq.
2014	VE Day Cabaret	Royal Gunpowder Mills
2014	Lost in Poland	University of Bedford
2014	Lost in a Rainbow	Garrick Theatre, Stockport
2014	'Let us go forward together'	Stantonbury Campus Theatre
2013	One Step forward/2 Steps Back	Big Dance
2013	A New York State of Mind	British Ballet Arts, JAPAN
2013	Silent Opera	University of the Arts London
2013	'If War Should Come'	Cadogen Hall
2013	Strictly MTPAS	Stantonbury Campus Theatre
2013	Making Strides Flashmob	Central Park, New York

Extras

- Rosina runs an Elite Summer School for elite young performers, where 100 young dancers from all over the country are auditioned to participate in a development week.
- Rosina has a range of warm-up merchandise and hopes to create a specific movement and dancewear line in 2015.

Professional Dance Performance:

2010-2014	Dancer	Dance Company	Kinisi Dance Company Member
2013	Dancer	TV	Jonathon Ross- Gangnam Style
2013	Dancer	Theatre	Show and Prove- KDC
2012	Dancer	Site Specific	The Bridge @ National Theatre
2012	Dancer	Site Specific	Worldly Shapes @ St Martins
2012	Dancer	Dance Company	Pushing Progress: New York
2012	Dancer	TV	LMFAO- Good Morning America
2012	Dancer	Flashmob	The Anderson Cooper Show
2012	Dancer	Music Video	Shaggy FT Tamer Hosney
2011	Dancer	Theatre	Bluebeard Opera
2011	Dancer	Site Specific	Big Dance numerous locations.
2011	Model	Music Video	Give it Up, Ema the Kid
2010	Dancer	Television	Everybody Dance Now
2010/11	Dancer	Pantomime	Aladdin, Duo Productions
2009/2010	Dancer	Pantomime	Cinderella, First Family Productions

References

Rosina has been visiting Guernsey College for several years now and her dance workshops are exceptional. She has the ability to motivate, inspire and cultivate talent in both gifted dancers and the most hard to reach students. Her teaching is always of a very high standard and I'm convinced she weaves a bit of magic into her work. I am moving to another college soon and will definitely be inviting her to work with my new students. Grab her while you can; she is destined for great things!

Vanessa Mee, Performing Arts Diploma Co-Ordinator
VanessaM@gcfe.net

Nothing was ever too much for Rosina, she is proactive and catered to our every changing, rather random needs. She had a fabulous rapport with the girls.

Kat Jackson ITV/Shine Productions
Katjackson@itv.net